# Castle Hill Elementary School Counselor

# Home of the Cavaliers Where We are Building a Strong Foundation for Student Success

#### **Mission Statement**

It is my mission to provide a counseling program that is comprehensive and preventive in nature, while promoting academic, personal/social and career achievement for **ALL** students by removing barriers that impedes learning and social/emotional success.

#### Welcome to the School Counselor's Corner:

I am a native Floridian and I grew up in Miami where I spent most of my career years in the judicial system, at Miami-Dade County Courts. In 1999, I moved to Atlanta Georgia and made a career change to an entrepreneur of a small business as well as working for Gwinnett County Public Schools as a long-term substitute teacher in various grade levels and settings for several years. My desire has always been to help others, which is why I earned my bachelor's degree in psychology with hopes that one day that I would continue a career in the field of counseling. While working in the school system, I discovered that I enjoyed working with children and that I could draw from my previous background in the criminal court system and education to serve our children and families as a school counselor. In 2012, I earned my Master's degree in Educational School Counseling and received my Georgia and Florida professional educator certification.

#### **Annie Francis**



Contact Information: Office hours: 7:30am-3:00pm Monday-Friday
To better service you, please call or email to schedule an appointment.

Email: annie.francis@browardschools.com 754-322-5618 ext. 112 - Fax: 754-322-5640

Services the School Counselor provide:

#### ASCA, Florida School Counselor and BCPS Framework

- ❖ Individual Counseling: Brief Counseling with students; referred by parents, teachers, administrators, and self-referrals.
- **Small Group Counseling:** (on various topics as needed- parents' permission is required)
- Classroom Counseling Lessons: Social Emotion Learning, Bullying Prevention, Conflict Resolution, Behavior Management, Peer Mediation and Character Lessons.
- School Wide: "Start with Hello", National Red Ribbon Week, and National Bully Month
- Promote positive relationships between parents and teachers



### **Support Services**

- Parent/teacher support by providing resources and information that relates to academic and personal/social emotion achievement
- Attend Parent/Teacher Conferences
- Homeless Liaison
- ❖ Foster care Liaison
- Violence Prevention Liaison
- SEL Liaison Social & Emotional Learning

# Important Information:

#### **Parent Requests**

For Academic, Behavior, Gifted, or 504, and Speech/Language or any Exceptional Special Education services evaluations and testing, please make your request known to a teacher, school counselor, or ESE facilitator by verbal or in writing request.

| August  | September   | October                | November    | December  | January   | February  | March            | April       | May        | June   |
|---------|-------------|------------------------|-------------|-----------|-----------|-----------|------------------|-------------|------------|--------|
| WELCOME | Character   | Character Traits of    | Character   | Character | Character | Character | Character        | Character   | Character  | Last   |
| BACK TO | Traits of   | Month –                | Traits of   | Traits of | Traits of | Traits of | Traits of        | Traits of   | Traits of  | Day    |
| SCHOOL  | Month       |                        | Month –     | Month –   | Month –   | Month –   | Month –          | Month –     | Month –    | of     |
|         | COOPERATION | RESPONSIBILTY          | CITIZENSHIP | KINDNESS  | RESPECT   | HONESTY   | SELF-<br>CONTROL | TOLERANCE   |            | school |
|         | OPEN HOUSE  | National Bullying &    |             |           |           | Black     |                  | Autism      | Mental     |        |
|         | 9/12 @      | Prevention             |             |           |           | History   |                  | Awareness   | Health     |        |
|         | 5:30pm      |                        |             |           |           |           |                  |             | Awareness  |        |
|         |             | Red Ribbon –Drug Fee   |             |           |           | Autism    |                  | 4/21        | Month      |        |
|         |             | Week                   |             |           |           | Awareness |                  | Celebrating | Wear Green |        |
|         |             | "Life is Your Journey, |             |           |           | Month     |                  | Military    |            |        |
|         |             | Travel Drug Free"      |             |           |           |           |                  | Students    |            |        |
|         |             | Week 10/23-31          |             |           |           |           |                  | Month       |            |        |
|         |             |                        |             |           |           |           |                  | Wear Purple |            |        |

7 Habits of Happy Kids, by Sean Covey

https://www.youtube.com/watch?v=nFn2DjuCFHQ&sns=em

**Habit 1 – Be Proactive \*** *You're in Charge* 

Habit 2 – Begin with the End in Mind \* Have a Plan

Habit 3 – Put First Things First \* Work First, Then Play

Habit 4 – Think Win-Win \* Everyone Can Win

Habit 5 – Seek First to Understand, Then to be Understood \*Listen Before You Talk

**Habit 6 – Synergize \* Together is Better** 

Habit 7 – Sharpen the Saw \* Balance Feels Best

#### **Parents Resources:**

# **Tips for** *Positive Parenting:*

- 1. Be a good role model. Your child learns from the example you set.
- 2. Give your child praise and hugs, and say, "I love you" often.
- 3. Know what's going on in your child's life, both at school and with friends.
- 4. Keep your sense of humor and manage stress in healthy ways. If you feel overwhelmed, arrange for some outside help.

https://kids.usa.gov/

#### **Code Book for Student Conduct**

https://www.browardschools.com/cms/lib/FL01803656/Centricity/Domain/13726/FINAL%20SY%202018-19%20Code%20Book%20for%20Student%20Conduct.pdf

#### School Violence Prevention: Tips for Parents and Educators

http://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/school-violence-prevention/school-violence-prevention-tips-for-parents-and-educators

# **October National Bullying Prevention Month**

What is Bully?

https://www.stopbullying.gov/what-is-bullying/index.html

# Three specific characteristics that identify bullying are as follows:

- The behavior must be repeated.
- The bullying is intentional and intended to harm
- The bullying is directed to someone with less power

Bullying is defined as systematically and chronically inflicting physical hurt or psychological distress on one or more students. It is further defined as unwanted, purposeful and repeated written, verbal, nonverbal, electronic or physical behavior, by a student or adult, that is severe or pervasive enough to create an intimidating, hostile or offensive educational environment; cause discomfort or humiliation; or unreasonably interfere with the individual's school performance or participation; and is characterized by imbalance of power