

Most Services Require No Consent



Youth Health Guide

This health guide was made for Broward County youth like you. It contains information about health services available to you around Broward County. Most services require no consent and are confidential.

To Use...

1. Find what you need by identifying the appropriate heading(s) from the top of each color-coded panel (Safety, Physical Health, Mental Health, Social Health, Sexual Health or STD/STI/HIV).

Note: The icon and dot system help you determine, for example, which services are Free, accept Walk-Ins, provide Transgender Services and/or are LGBTQ friendly and/or have Creole, Spanish or Portuguese speakers to assist you.

2. Using the icons at the top of each color-coded panel, navigate through each service provider to select any that meet your criteria and general location.

Note: If service providers have a physical location their Broward County zone is indicated by the letters (N) for North Broward, (C) for Central Broward, and/or (S) for South Broward:

North Broward: Coconut Creek, Coral Springs, Deerfield Beach, Hillsboro Beach, Lighthouse Point, North Lauderdale, Parkland, Pompano Beach, Sea Ranch Lakes, Margate, Tamarac

Central Broward: Cooper City, Dania, Dania Beach, Davie, Fort Lauderdale, Lauderdale by the Sea, Lauderdale Lakes, Lauderdale, Lazy Lake, Oakland Park, Plantation, Port Everglades, Southwest Ranches, Sunrise, Weston, Wilton Manors

South Broward: Hallandale, Hallandale Beach, Hollywood, Miramar, Pembroke Park, Pembroke Pines, West Park

3. Just call or visit the location(s) you choose.

Icon Legend



For more information, please visit: BrowardPrevention.org

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Safety

Bullying, Dating & Domestic Violence/Rape/Legal

BULLYING/DATING & DOMESTIC VIOLENCE

	Free	Walk-In	Transgender	LGBT	Creole	Spanish	Portuguese
Broward County Public School's Prevention 754-321-1655 browardprevention.org Policies, reporting, resources	C ●	●	●	●	●	●	●

Silence Hurts Tipline

754-321-0911 Anonymous & secure reporting of scary or endangering events

DOMESTIC VIOLENCE/RAPE

Women in Distress

954-761-1133
Emergency Shelter for Victims
womenindistress.org

Nancy Cotterman Center

954-357-5418
Sexual Assault Treatment Center

Florida Abuse Hotline

800-96-ABUSE
Anonymously report child abuse or neglect

Florida Rape Hotline

888-956-RAPE (7273)

LEGAL ASSISTANCE

Legal Aid of Broward County

954-765-8950

Physical Health

Housing/Shelter/Physical Needs

HOUSING

	Free	Walk-In	Transgender	LGBT	Creole	Spanish	Portuguese
Covenant House 800-683-8338 covenantHouseFL.org Emergency Shelter for Youth Under 21	NC ●	●	●	●	●	●	●

National Safe Place

Text "SAFE" & current location to 69866 for immediate help

National Runaway Hotline

800-RUNAWAY
Runaway from abuse? Get Help

Broward Homeless Hotline

Dial 211 To find local shelter

FOOD

	Free	Walk-In	Transgender	LGBT	Creole	Spanish	Portuguese
Life Net 4 Families 954-792-2328 Free Daily Breakfast, Lunch & Dinner	C ●	●	●	●	●	●	●

Find a Food Pantry Near You

Dial 211

EMERGENCY RENT/UTILITY ASSISTANCE

	Free	Walk-In	Transgender	LGBT	Creole	Spanish	Portuguese
Family Success Centers	NC ●	●	●	●	●	●	●

Emergency Rent/Utility Assistance
Pompano Beach - 954-357-5340 Davie - 954-797-2054
Fort Lauderdale - 954-357-5001 Coral Springs - 954-357-5000
Hollywood - 954-357-5650

Mental Health

Feeling Bad or Stressed?

CRISIS HOTLINES

	Free	Walk-In	Transgender	LGB	Creek	Spanish	Portuguese
Broward 211 Hotline Dial 211 24/7 Hotline with trained counselors	●	●	●	●	●	●	●
National Suicide Prevention Lifeline 800-273-TALK (8255) 24/7 Hotline with trained counselors	●	●	●	●	●	●	●

COUNSELING AND TREATMENT

	Free	Walk-In	Transgender	LGB	Creek	Spanish	Portuguese
Chrysalis Health 954-587-1008 chrysalishealth.com	C ●	●	●	●	●	●	●
Henderson Behavioral Health 954.463.0911 hendersonbh.org	C ●	●	●	●	●	●	●
YES Team Mobile Crisis 954-677-3113 - Press #3	●	●	●	●	●	●	●

TRYING TO QUIT?

	Free	Walk-In	Transgender	LGB	Creek	Spanish	Portuguese
Alcohol & Drug Abuse Hotline 800-662-HELP (4357)	●	●	●	●	●	●	●
The Starting Place 954-327-4060 startingplace.org outpatient treatment and services	C ●	●	●	●	●	●	●
Atlantic Shores Hospital 888-771-2711 atlanticshoreshospital.com outpatient and residential treatment	C ●	●	●	●	●	●	●

Sexual Health

Get Free Condoms

	Free	Walk-In	Transgender	LGB	Creek	Spanish	Portuguese
Broward House 954-568-7373 browardhouse.org	C ●	●	●	●	●	●	●
The Broward Wellness Center 954-767-0273 freestdcheck.org	C ●	●	●	●	●	●	●
Care Resource 954-567-7141 careresource.org	C ●	●	●	●	●	●	●
Children's Diagnostic & Treatment Center 954-728-8080 childrensdiagnostic.org	C ●	●	●	●	●	●	●
FL Dept. of Health in Broward County 954-467-4705 floridahealth.gov	C ●	●	●	●	●	●	●
Latinos Salud 954-765-6239 latinossalud.org	C ●	●	●	●	●	●	●
Planned Parenthood 954-989-5747 plannedparenthood.org	S ●	●	●	●	●	●	●
The Pride Center 954-463-9005 pridecenterflorida.org	C ●	●	●	●	●	●	●

Stay Safe, It's Your Right!

- Getting tested for HIV and STIs regularly
- Using protection (condoms, dental dams)
- Not sharing needles (for hormones, silicone or drugs)
- Getting treatment for HIV/STI/STDs and staying adherent

Social Health

Youth Programs & Resources

	Free	Walk-In	Transgender	LGB	Creek	Spanish	Portuguese
Urban League 954-584-0777 ulbroward.org	C ●	●	●	●	●	●	●
Hispanic Unity 954-964-8884 hispanicunity.org	S ●	●	●	●	●	●	●
YMCA 954-334-9622 ymcabroward.org	C ●	●	●	●	●	●	●
Boys and Girls Club 954-537-1010 bgcbc.org	C ●	●	●	●	●	●	●
Memorial Future Prep Program 954-985-7000 x223 Life coach planning or youth 15-22	●	●	●	●	●	●	●
SunServe Youth 954-764-5150 sunserveyouth.com LGBTQ youth groups, counseling & more	C ●	●	●	●	●	●	●
PFLAG 954-665-7002 pflagbroward.com Parent support, one-on-one mentors	●	●	●	●	●	●	●
T-House t-houseonline.com Transgender online resources	●	●	●	●	●	●	●
LBTHealth.org Healthcare directory	●	●	●	●	●	●	●

STD/STI/HIV

Confidential Testing, Care & Treatment

	Free	Walk-In	Transgender	LGB	Creek	Spanish	Portuguese
ANH Healthcare Centers 954-767-0887 aidshealth.org (over 18) Testing & Treatment, Case Management	C ●	●	●	●	●	●	●
Broward House 954-568-7373 browardhouse.org Testing & Treatment, Case-Management	C ●	●	●	●	●	●	●
The Broward Wellness Center 954-767-0273 freestdcheck.org	C ●	●	●	●	●	●	●
Care Resource 954-567-7141 careresource.org Testing & Treatment, Case-Management	C ●	●	●	●	●	●	●
Children's Diagnostic & Treatment Center 954-728-8080 childrensdiagnostic.org Testing & Treatment (under 18)	C ●	●	●	●	●	●	●
Out of the Closet Thrift Stores 1-877-259-8728 outofthecloset.org Testing, Info & Resources	C ●	●	●	●	●	●	●
Planned Parenthood 954-989-5747 plannedparenthood.org Testing & Treatment, Pregnancy Tests	S ●	●	●	●	●	●	●

Know Your Status!

You should be tested at least every 6 months.
Get tested with every new partner.