



Above the Influence Activities

1. TAG IT

What are YOU Above the Influence of?

Use the template provided to write a word that explains how you are above the influence of: bullying, vaping, smoking, drunk driving, growing up too fast, ignorance, sexting, gossiping, etc.

CLICK
HERE

2. BE IT

Create your personal slogan.

A short statement that captures who you are, how you live your life, and how you stay above negative influences. Use the template provided to write a slogan about who you want to be and the power you have to define who you are. For example, I want to save lives, be yourself – everyone else is taken, live for yourself, I want to help others, just be active, be yourself when others doubt, see yourself, be yourself, love yourself, make your own path, etc.

CLICK
HERE

3. EXPRESS IT

Visualize your success.

Create a short PSA, skit, song or dance to show others how you live “Above the Influence.” Express yourself by sharing a poem, a song, a dance, and incorporate the ATI brand principle “Anything that makes me less than me, is not for me...especially drugs and alcohol.”

4. PICTURE IT

What inspires you to be Above the Influence?

Write or draw what inspires you to be “Above the Influence.” What are your goals? What does your future look like in terms of graduation, attending college, getting a job, etc.?

